

Molly McButter<sup>®</sup> Nutritional Information

Country Garden Alfredo  
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RESOURCE FROM THE **Dietitian Center<sup>®</sup>**

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PROVIDES NATURAL BUTTER FLAVOR THAT'S FAT-FREE AND CHOLESTEROL-FREE.

Sprinkle on your favorite meal or snack and add only 5 small calories.



	Natural Butter	Natural Cheese
<i>Serving Size</i>	1 tsp	1 tsp
<i>Weight</i>	2 g	2 g
<i>Calories</i>	5	5
<i>Fat</i>	–	–
<i>Cholesterol</i>	–	–
<i>Sodium</i>	180 mg	125 mg
<i>Potassium</i>	–	–
<i>Carbohydrates</i>	1 g	1 g
<i>Protein</i>	–	–

All measurements are per serving